

## Carrie Morris

Academic and Career Development Coach

**PHR, Certified MBTI® Practitioner**

**Murphy-Meisgeier Type Indicator for Children®**

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CARRIE MORRIS is an executive/academic coach specializing in attentional processing and language-based learning strategy training. In collaboration with parents, clinicians, and educators, Ms. Morris ensures her protocols both support and augment the assigned teams' recommendations and that students reach their full potential. Formerly, Ms. Morris represented Fortune 500's leading hospitality and leisure brands in their search and acquisition of executive talent; disciplines she now incorporates into her coaching and training practice with college graduates and those in the midst of a career transition. Ms. Morris is also a freelance writer; her articles have appeared in the *Washington Post's Style* section, *Bethesda Magazine* and *More Magazine* among other local and national publications.

Serving students from the primary through post-secondary grades, Ms. Morris prides herself on identifying a range of academic and behavioral challenges, integrating aspects of *direct (Cognitive)* and *indirect (Metacognitive)* learning strategies to guide and inspire a more self-directed and flexible learner and thinker.

**Components of Ms. Morris's academic coaching and learning strategy training practice include: Language-based remediation, oral and written expression, vocabulary development, reading fluency and comprehension, Phono-Graphix instruction, organizational/time management and memory strategies.**

### **Cognitive and Metacognitive Learning Strategies:**

- Critical reading and thinking skills (SQ3R Reading Comprehension Method), speed reading, annotation, summarizing, note-taking
- Memory strategies
- Expressive and receptive language support
- Organizational planning and purposeful task management
- Progressive relaxation techniques

### **One-on-One Standardized Test Preparation and Beyond:**

- Comprehensive verbal test prep. for the SSAT, PSAT, SAT, SAT II and ACT
- Guidance on identifying patterns and themes in the critical reading passages
- Test taking strategies
- College application and college essay support
- College interview coaching

### **College Organizational Coaching and Career Planning Assessments:**

- Organizational, study skills and time management strategies
- Motivational coaching, progressive relaxation techniques, meditation
- MBTI® Interpretive Report, College Edition - Form M
- IStrong Inventory
- Job search techniques, resume preparation and interview coaching

The future belongs to those who believe in the beauty of their dreams.  
~Eleanor Roosevelt